

TEB talking cards

You can give these out to friends, work mates,
teachers or whoever else you would like to
share some information with.

It means you don't have to explain the same thing
over and over. Writing it down can sometimes help
make it feel a bit more real, too.

Simply fill in the missing bits with whatever you
want them to know.

I get tired of answering the same questions but wanted you to know
what is happening for me right now so here is the quick version.

My parent has _____

This means that _____

The treatment involves _____

Please don't ask me _____

The best thing you can do for me is _____



11 talking cards

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14 talking cards

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